RAMBHA GROUP OF INSTITUTION

विद्यैव सर्वधनम

*With joint collaboration of*

NAAC GRADE B++

HYBRID MODE

# 2 DAYS INTERNATIONAL CONFERENCE

## Mental & Physical Health in the Digital Era:

# Challenges, Ethics & Solutions

**19th & 20th February 2027**



**PATRON**
Prof. Dr. Anjila Gupta
Vice Chancellor,
Kolhan University



**CO-PATRON**
Dr. Amar Kumar
Registrar,
Kolhan University



**CONVENER**
Dr. Prabhat Kumar Singh
CVC, Kolhan University

## Organizing Officials of Rambha Social Work & Educational Trust

| CHAIRMAN | CO-CHAIRMAN | SECRETARY | JOINT SECRETARY |
|---|---|---|---|
| Mr. Ram Bachan | Mrs. Rambha Devi | Mr. Gourav Bachan | Mr. Vivek Bachan |

*With Support of **Alumni Association** of Rambha Group of Institution*



# ABOUT INSTITUTION (RGI)

## Legacy in Education Since 1992

Rambha Group of Institution is nestled in the lap of Mother Nature that creates a peaceful and serene environment that reflects the Indian Gurukul system of learning. The institution managed by Rambha Social Work and Educational Trust since working from 1992 in the field of Education is located about 10 km from Tatanagar Railway Station and is easily accessible from Jamshedpur via SH-6. This groups offers a wide range of academic and professional programmes including B.Ed, D.El.Ed, UG, M.Sc Nursing, B.Sc Nursing, Post Basic Nursing, ANM, GNM, ITI, D.Pharm. Through its continuous efforts and contributions to the field of education, Rambha Group of Institution has established significant milestones in educational development. Rambha College of Education has been accredited with a B++ grade by NAAC in its first cycle in 2025. The institution cherishes ethical values, quality education, skill development and holistic development of student and equipped with modern educational infrastructure including smart classrooms, digital learning facilities, digital libraries, well-equipped laboratories, technical labs, sports amenities and placement supports services. These facilities ensure a comfortable and supportive learning experiences for students. We are highly committed to meeting the evolving needs of Jharkhand, the Nation and the Global society, while upholding quality standards.



# RAMBHA

## SOCIAL WORK & EDUCATIONAL TRUST

# SOCIAL RESPONSIBILITY

**BEYOND BOOKS, BEYOND CLASSROOM**

















COMMUNITY SERVICE IS OUR TRUE IDENTITY

**NOT JUST STUDENTS, WE ARE CHANGEMAKERS**



# ABOUT INTERNATIONAL CONFERENCE

The digital world has transformed everything the way we live, learn, work and connect with one another. Technology has made life easier; today, health advice and information are readily available on our mobile phones. Yet, alongside these benefits, it has also brought about new health challenges. Excessive screen time is contributing to stress, anxiety, sleep deprivation, reduced physical activity, loneliness and the constant pressure to remain online. This International Conference focuses on the human being behind the screen. We are bringing together educators, doctors, psychologists, technology experts and social workers to discuss three critical areas: challenges, ethics and solutions. Join us for this International conference. Our goal is not to reject technology, but to learn how to use it in a healthy and balanced way ensuring that we remain well-connected while truly maintaining our overall well-being.

# OBJECTIVE

- To promote Critical thinking and Digital literacy.
- To equip students and teachers with the skills to critically evaluate digital content and use technology wisely and purposefully.
- To ensure responsible use of Artificial Intelligence.
- To create awareness about the ethical use of AI in education and daily life.
- To create a Safe and Ethical Digital Environment:
- To foster a secure, ethical, inclusive and mentally healthy digital learning eco system for all learners.
- To identify the challenges posed by the digital era and to provide practical, implementable solutions through expert deliberations.
- To encourage Healthy Digital Habits.
- To incorporate educational modules into the curriculum that promote: Healthy screen-time limits proper sitting posture and ergonomics regular physical activity, exercise and yoga.
- To integrate Physical and Mental Well-being.
- To establish a balance between digital learning and physical-mental health for holistic development of students.

# TOPIC & SUB TOPIC

**Topic:**

Mental and Physical Health in the Digital Era: Challenges, Ethics and Solutions.

**Sub Topic:**

- Youth Mental Health in the Digital Era: Analyzing Challenges, Risk Factors and Preventive Approaches.
- Al challenges for teachers: Professional ethics and personal impact.
- Role of Teachers, Students and Parents in Ethical Digital Education.
- Best practices for promoting digital education and healthcare within the learning environment.
- Digital Screen Time and Student Cognitive Development.
- Psychosocial impact of Social Media on Youth.
- Ethical use of Al and Digital Surveillance in Education.
- Cyberbullying, Digital Safety and Students' mental health from an educational perspective.
- Digital competence and professional ethics among teachers.
- Artificial Intelligence in language learning as a new path to developing language skills
- Ethics of Automated Proctoring & High-Stakes Assessments biased exam surveillance algorithms induce severe psychological trauma and test anxiety in students.

***Ph.D. Research related Topic for all Subjects will be considered.***













# CALL FOR PAPERS & AUTHOR GUIDELINES

Original, unpublished research papers and scholarly articles are invited from academicians, researchers, research scholars and industry professionals for presentation and publication in the International Conference – 2027.

## Manuscript Preparation Guidelines

**Paper Length:** Full manuscripts must be between 2,500 – 3,500 words (inclusive of tables, figures and references).

**Title & Author Details:** Title must be concise and informative. Include author(s) name with salutation (Dr. / Mr. / Ms.), designation, institutional affiliation and active email ID.

**Abstract & Keywords:** Include a comprehensive abstract of 250 – 300 words followed by 6 – 8 keywords.

**Structure of the Paper:** (i) Introduction / Background / Objective, (ii) Literature Review, (iii) Methodology, (iv) Findings, Analysis & Discussion, (v) Conclusion, Limitations & Recommendations.

**Referencing & Data:** Follow APA Referencing Style strictly. Tables and figures should be clearly labeled and placed at appropriate locations within the text.

## Formatting & Typography Specifications

**Page Margins:** 1 inch (2.54 cm) on all four sides.

**Font & Size:** 12 pt. font size. English: Times New Roman | Hindi: Nirmala UI.

**Line Spacing:** 1.5 line spacing throughout body text; 2.0 (double spacing) between sections and paragraphs.

## Note:

Please download this page (Certificate of Originality-cum-Consent publication), fill in the required information and submit it along with your full paper for publication.

Please, Submit the Abstract, Full paper and Certificate of Originality-cum-Consent publication at this ***Mail ID: seminar.rambha@gmail.com***

## FOR FURTHER QUERY CONTACT:


**Dr. Suman Lata**
+91 95701 68261

**Dr. Ganga Bhola**
+91 82106 35615

**Dr. Kishan Kr. Sharma**
+91 93048 82143

# IMPORTANT DATES & SUBMISSION DETAILS

| | |
|---|---|
| Registration: **23 Nov 2026 - 13 Feb 2027** | Abstract submission: **23 Nov 2026 - 05 Dec 2026** |
| Full Paper Submission: **23 Nov 2026 - 31 Jan 2027** | Email Submissions To (MS Word format): **seminar.rambha@gmail.com** |

## REGISTRATION & PUBLICATION FEE STRUCTURE

| Category (With Accommodation) | Registration Fee | Article Publication Fee | Combined Package (Regd. + Article Publication) |
|---|---|---|---|
| Academician/Industry Participants | ₹2,500/- | ₹2,000/- | ₹4,000/- |
| Research Scholar | ₹2,300/- | ₹2,000/- | ₹3,800/- |
| Student | ₹2,000/- | ₹2,000/- | ₹3,500/- |
| International Participants | $25 | $30 | $40 |

| Category (Without Accommodation) | Registration Fee | Article Publication Fee | Combined Package (Regd. + Article Publication) |
|---|---|---|---|
| Academician/Industry Participants | ₹1,500/- | ₹2,000/- | ₹3,000/- |
| Research Scholar | ₹1,300/- | ₹2,000/- | ₹2,800/- |
| Student | ₹1,000/- | ₹2,000/- | ₹2,500/- |
| International Participants | $25 | $30 | $40 |

**WITH REGISTRATION INCLUDES**

- Access to all technical sessions and keynote lectures.
- Conference kit and participation materials.
- Certificate of presentation or participation.
- Networking sessions and Academic interactions.
- Lunch and refreshments on both days.
- Eligibility for Full paper publication in ISSN Book (Subject to Review).

# BANK DETAILS FOR PAYMENT

| | |
|---|---|
| ACCOUNT NAME | RAMBHA SOCIAL WORK & EDUCATIONAL TRUST |
| BANK NAME | ICICI BANK |
| ACCOUNT NO. | 043405001006 |
| IFSC CODE | ICIC0000434 |

**REGISTRATION LINK** https://forms.gle/QbBaGXQUdtkuG1vL8

**SCAN THIS QR CODE FOR REGISTRATION**

**SCAN THIS QR CODE FOR PAYMENT**

For further query Contact


**Dr. Kalyani Kabir**
+91 7004348464

**Dr. Suraj Kumar**
+91 7004092389

**Dr. Suman Lata**
+91 95701 68261

**Dr. Kishan Kr. Sharma**
+91 93048 82143


## HOW TO REACH
## RAMBHA GROUP OF INSTITUTION

SCAN ME

# OUR DIGNITARIES

## CHIEF GUEST



**Dr. Devendra Nath Tiwari**

Retired Senior Professor of
Philosophy, BHU

## KEYNOTE SPEAKER



**Prof. Biju Kumar Thapalia**

Professor of Supply Chain Management
Former Vice-Chancellor,
Purbanchal University, Nepal

## GUEST OF HONOUR



**Dr. Neeti Singh**

Assistant Professor, Department of Philosophy and Religion, Banaras Hindu University (BHU), Varanasi



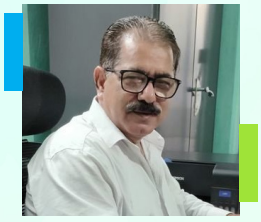
**Dr. Prabha Dey**

RIIMS



**Dr. Ashok Avichal**

Principal,
LBSM College



**Dr. Sahir Pall**

Civil Surgeon cum CMO of East Singhbhum, Jamshedpur, Jharkhand



**Dr. Suchitra Behera**

HOD,
M.Ed. department,
Kolhan University



**Akkireddi Dharma Rao**

Facility Director
Brahmananda Narayana Hospital, Jamshedpur



**Dr. Manoj Kumar**

Associate Professor
University Department of Education
Kolhan University, Chaibasa

# GUEST SPEAKER



**Natalia Safina**
People's Friendship University of Russia



**Luke Michael Errington-Barnes**
Scholar and independent researcher Scotland, UK



**Prof. Nithin Philip**
Principal cum Professor SVS College of Nursing, Bokaro

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Principal, Dr. C.C. Mahato Teachers Training College, Bokaro

# International Advisory Committee

**Dr. Devendra Nath Tiwari**
Retired Senior Professor of Philosophy, BHU

**Dr. Neeti Singh**
Assistant Professor, Department of Philosophy and Religion, Banaras Hindu University (BHU), Varanasi

**Dr. Manoj Kumar**
Associate Professor
University Department of Education
Kolhan University, Chaibasa

**Dr. Deepanjay Srivastava**
Head and Assistant Professor, Department of Philosophy, L.B.S.M. College, Jamshedpur

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Priyanka Mahato
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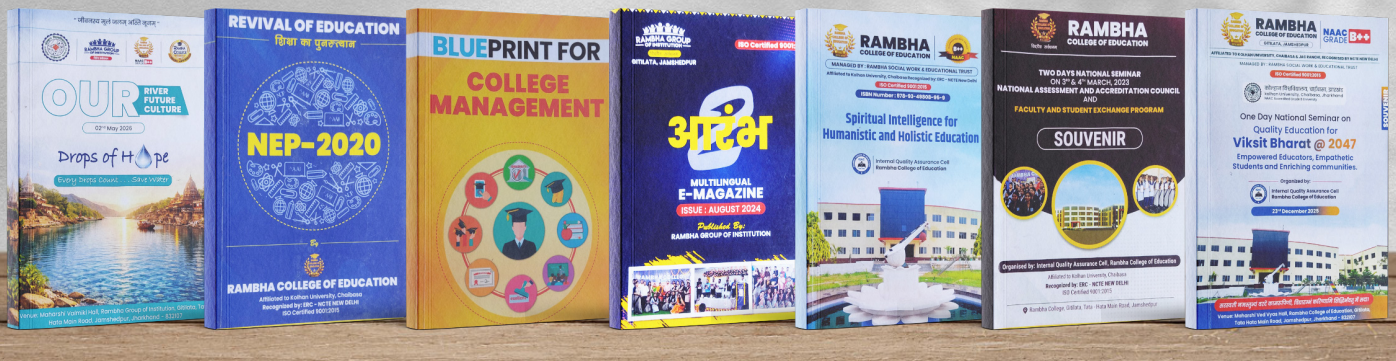








दैनिक भास्कर जमशेदपुर 13-01-2024

## रंभा कॉलेज ने टूसू पर्व पर ग्रामीणों के बीच किया चूड़ा-गुड़ व कंबल का वितरण



**पोटका** | रंभा कॉलेज में स्वामी विवेकानंद जयंती व मकर-टूसू पर्व के अवसर पर स्थानीय ग्रामीण समुदाय के बीच कंबल, चूड़ा-गुड़ और चप्पल का वितरण किया गया। कार्यक्रम में विद्यार्थियों ने विवेकानंद की जीवनी को स्मरण किया। कॉलेज के चेयरमैन रामबचन, अध्यक्षा रंभा देवी, सचिव गौरव बचन और सहसचिव विवेक बचन ने कॉलेज एन एस एस के द्वारा गोद लिए गए गांव भुरसाडीह और आसपास के ग्रामीणों के बीच कंबल वितरण किया। यह कार्यक्रम कॉलेज के एनएसएस विभाग की ओर से आयोजित किया गया था। इसमें बी एड, स्नातक और नर्सिंग विभाग के सभी व्याख्यातागण और विद्यार्थियों ने भाग लिया।





## सांस्कृतिक कार्यक्रम 'आराधना' में जीवंत हुई महालया

**रंभा कॉलेज ऑफ़ एजुकेशन**



**जमशेदपुर, 12 अक्टूबर ( रिपोर्टर ) :** रंभा कॉलेज ऑफ़ एजुकेशन में महालया के पूर्व आज सांस्कृतिक कार्यक्रम 'आराधना' का आयोजन हुआ. साथ ही महाविद्यालय में चल रहे दीवार सज्जा प्रतियोगिता के लिए पुरस्कार वितरण भी किया गया. इसके निर्णायक की भूमिका में फ्लेमिन आर्ट की विशेषज्ञ सुमन प्रसाद थीं. विद्यार्थियों ने कार्यक्रम का आरंभ मां दुर्गा के श्लोक मंत्र और सरस्वती वंदना का गायन से किया. बी. एड की छात्रा श्वेता विश्वकर्मा की टीम ने महिषासुर मर्दिनी मां दुर्गा को दिखाते हुए जीवंत नृत्य नाटिका प्रस्तुत किया. विद्यार्थियों ने मां दुर्गा की महिमा गाते हुए गीत संगीत प्रस्तुत किया.

कलाकार सुमन प्रसाद ने दीवार सज्जा प्रतियोगिता के विजेताओं की घोषणा की, जिसमें प्रथम-श्रीनाथ कॉलेज आफ एजुकेशन, द्वितीय-रंभा कॉलेज आफ एजुकेशन और तृतीय-डीबीएमएस के विद्यार्थियों ने जीता. कार्यक्रम को सचिव गौरव बचन और प्राचार्या डॉक्टर कल्याणी कबीर ने भी संबोधित किया. कार्यक्रम का संचालन छात्र विकास भकत और छात्रा कंचन बिरूआ ने किया. धन्यवाद ज्ञापन दीपिका पारिया ने किया.






## संक्षिप्त समाचार

### रंभा कॉलेज ऑफ एजुकेशन में संपन्न हुई सत्र 2023-25 की आंतरिक परीक्षा



**जमशेदपुर।** रंभा कॉलेज एजुकेशन में चल रही है तीन दिवसीय आंतरिक परीक्षा आज सुचारू रूप से संपन्न हुई । यह परीक्षा सत्र 2023 - 25 के विद्यार्थियों के लिये आयोजित की गई थी जिसमें पेपर एक , दो , चार और पांच की परीक्षा ली गई। आंतरिक परीक्षा में सभी विद्यार्थियों की शत प्रतिशत उपस्थिति रही। कॉलेज के परीक्षा विभाग की देखरेख में अनुशासित और कदाचारमुक्त परीक्षा का आयोजन किया गया। परीक्षा के आयोजन में असिस्टेंट प्रोफेसर डॉक्टर भूपेश चंद, डॉक्टर सतीश चंद्र, डॉक्टर दिनेश कुमार , डॉक्टर सुमनलता और लेक्चरर रश्मि लुगुन की सक्रिय भूमिका रही। कॉलेज के अध्यक्ष राम बचन जी ने कहा कि परीक्षा के माध्यम से बच्चों को स्वमूल्यांकन का अवसर मिलता है और साथ ही उनके अंदर से एग्जाम फोबिया की समस्या भी दूर होती है इसलिए महाविद्यालय में समय-समय पर आंतरिक परीक्षा और वर्ग परीक्षा का आयोजन किया जाता रहा है।




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9102999123
9102999124

rambhabedcollege.ac.in
rambhanursingcollege.com

Campus@ Gitilata,Tata Hata Main Road, Jamshedpur, Jharkhand, India

@rambhacollegeofeducation3365
rambhagroupofinstitution